

8 km [S 1]

rank	ID atl	sexe / name	rws	year	club	time	time / km	km
1	521	M Porre Laurent [mas_40+]	1/53	1978	sbt	30:58	03:52	15.50
2	471	W Demey Soetkin [mas_35+]	1/35	1984	jogging blus	31:05	03:53	15.44
3	492	M Poortman Yvan [nvt]	2/53		resc	31:24	03:55	15.29
4	469	M Elouasrhiri Faical [mas_35+]	3/53	1982	les gazzelle de	31:26	03:55	15.27
5	433	M Roeei Stephane [mas_40+]	4/53	1975	coaching zone	33:23	04:10	14.38
6	416	M Azam Nail [nvt]	5/53	2006		33:31	04:11	14.32
7	420	M Vereecken Jack [nvt]	6/53	2006		33:32	04:11	14.31
8	773	M Ferrara Fbio [mas_45+]	7/53	1972		33:42	04:12	14.24
9	461	M Toussaint François [sen]	8/53	1987	joggans	34:03	04:15	14.10
10	472	M Mievis Stephane [mas_40+]	9/53	1979	resc	34:11	04:16	14.04
11	485	W Renckens An [mas_35+]	2/35	1981	sportivamente	34:15	04:16	14.01
12	445	M Delarge Mathieu [jun]	10/53	2000	joggans	34:35	04:19	13.88
13	432	M Ben Abdelslem Tamal [mas_40+]	11/53	1976		35:12	04:24	13.64
14	439	M Sellam Walid [nvt]	12/53	2006	atlemo	35:46	04:28	13.42
15	441	M Abdellaoui Mohamed [cad]	13/53	2004	atlemo	35:49	04:28	13.40
16	459	M Haik Zakaria [jun]	14/53	1999	atlemo	35:56	04:29	13.36
17	494	M Oreemers Mathias [sen]	15/53	1990	joggans	36:13	04:31	13.25
18	509	M Nzosaba Pierre Claxer [mas_40+]	16/53	1979	les gazelles de	36:45	04:35	13.06
19	438	W Ayyad Mounia [cad]	3/35	2003	atlemo	37:18	04:39	12.87
20	470	M Abrahamaki Nourdin [mas_60+]	17/53	1957	les gazzelle de	37:31	04:41	12.79
21	409	M Mansouk Frédéric [mas_45+]	18/53	1972		37:33	04:41	12.78
22	431	M De Saulnier Pascal [mas_45+]	19/53	1970		37:40	04:42	12.74
23	475	M Craps Paul [nvt]	20/53			37:43	04:42	12.73
24	513	M Copette Laurent [mas_50+]	21/53	1967		37:45	04:43	12.72
25	482	M Verbrugghen Willy [mas_65+]	22/53	1954	leeuwerib	37:47	04:43	12.70
26	741	W Rappe Sophie [sen]	4/35	1994	jogganj	37:50	04:43	12.69
27	481	W Mehssatou Fatima [mas_40+]	5/35	1979	resc	37:51	04:43	12.68
28	499	M Becker Thierry [mas_55+]	23/53	1962	joggans	38:14	04:46	12.55
29	498	M Ballant Denis [nvt]	24/53		axa team	38:20	04:47	12.52
30	484	W De Bruyne Laurence [mas_45+]	6/35	1972		39:24	04:55	12.18
31	437	W Schildermans Ruth [cad]	7/35	2004	atlemo	39:58	04:59	12.01
32	434	W Lion Annick [mas_45+]	8/35	1974	resc	40:27	05:03	11.87
33	425	M Quevy Didier [mas_50+]	25/53	1967	marathon men	40:33	05:04	11.84
34	422	M Peeters Rémi [sen]	26/53	1994		40:34	05:04	11.83
35	464	M Schaff Florian [cad]	27/53	2003		40:46	05:05	11.77
36	477	M Dechamps Quentin [sen]	28/53	1989		41:04	05:08	11.69
37	520	W Francard Marie [sen]	9/35	1987	joggans	41:13	05:09	11.65
38	491	W Benis Melissa [sen]	10/35	1990	joggans	41:40	05:12	11.52
39	495	M Bles Matthieu [nvt]	29/53			41:40	05:12	11.52
40	489	M Lenaerts Steve [mas_35+]	30/53	1980	joggans	42:17	05:17	11.35
41	452	M Vanden Driesch François [mas_55+]	31/53	1963		42:19	05:17	11.34
42	462	M Schaff Gaëtan [nvt]	32/53	2006	excelsior	42:37	05:19	11.26
43	407	M Benhlal Amine [jun]	33/53	2000	joggans	44:15	05:31	10.85
44	405	M Kennis Marc [mas_45+]	34/53	1970	joggans	44:48	05:36	10.71

45	460	W	Gactit Gartit [cad]	11/35	2003	atlemo	45:03	05:37	10.65
46	448	M	Teraia Aldeahmare [nvt]	35/53	2005	atlemo	45:06	05:38	10.64
47	515	M	Lombaet Johan [nvt]	36/53			45:08	05:38	10.64
48	517	W	Lombaert Lise [sen]	12/35	1991	dilbeek ac	45:08	05:38	10.64
49	414	M	Van Den Eynde Nadc [mas_40+]	37/53	1975		45:23	05:40	10.58
50	510	M	Pavlissen Wannas [mas_35+]	38/53	1980		45:27	05:40	10.56
51	511	W	Var Egmond Roosmarijn [sen]	13/35	1989		45:33	05:41	10.54
52	474	M	Hennico Pierre [mas_35+]	39/53	1984		45:53	05:44	10.46
53	428	M	Peeters Gilles [jun]	40/53	1999		45:54	05:44	10.46
54	483	W	Boes Odette [mas_65+]	14/35	1952	joggans	46:11	05:46	10.39
55	493	W	Dauchy Bernadette [mas_50+]	15/35	1964	joggans	46:11	05:46	10.39
56	406	W	Verhas Nancy [mas_40+]	16/35	1978	joggans	46:42	05:50	10.28
57	454	M	Huygens Joachim [nvt]	41/53	2010		46:46	05:50	10.26
58	418	M	Zonder Naam [nvt]	42/53			47:05	05:53	10.19
59	490	W	Wullems Marie-france [mas_50+]	17/35	1967	joggans	47:07	05:53	10.19
60	500	W	Fasbender Sonia [mas_45+]	18/35	1971	bbc	47:30	05:56	10.11
61	412	M	Cicek Irfan [mas_35+]	43/53	1984		47:38	05:57	10.08
62	638	M	Dutrieux Eric [mas_55+]	44/53	1961	nac	47:52	05:59	10.03
63	447	W	Schreiber Annabelle [sen]	19/35	1990	wprc	49:01	06:07	9.79
64	512	M	Verscnezae Azaim [mas_60+]	45/53	1958	excession	49:03	06:07	9.79
65	468	W	Hannon Kristin [mas_50+]	20/35	1968	joggans	49:11	06:08	9.76
66	487	W	Chevalier Magali [sen]	21/35	1991		49:12	06:09	9.76
67	514	M	Misko Patrick [mas_60+]	46/53	1954		49:13	06:09	9.75
68	453	W	Linard Marie [mas_35+]	22/35	1981		50:27	06:18	9.51
69	410	W	Zaporojan Virginia [mas_35+]	23/35	1980		52:16	06:32	9.18
70	401	M	De Broux Pascal [mas_55+]	47/53	1963		52:29	06:33	9.15
71	467	W	Vandijek Joelle [mas_45+]	24/35	1973	joggans	52:53	06:36	9.08
72	400	W	Lambert Sophie [mas_45+]	25/35	1974		53:11	06:38	9.03
73	413	M	Reineson Chrissophe [mas_45+]	48/53	1973		53:26	06:40	8.98
74	443	M	Cornut Andre [mas_75+]	49/53	1941	joggans	53:31	06:41	8.97
75	429	W	Vermaegme Anneleen [sen]	26/35	1987		53:48	06:43	8.92
76	450	W	Jacquemin Dominique [mas_45+]	27/35	1973	joggans	53:56	06:44	8.90
77	501	W	Van De Meuvcl Carou [sen]	28/35	1991	berchem	54:22	06:47	8.83
78	502	W	Jablonke Ariane [nvt]	29/35			54:24	06:48	8.82
79	508	W	Crosp Jennifer [mas_35+]	30/35	1983		54:25	06:48	8.82
80	426	W	Kitzen Cameuce [mas_55+]	31/35	1961	joggans	54:53	06:51	8.75
81	427	M	Van Wijnendaele Christian [nvt]	50/53		joggans	54:55	06:51	8.74
82	488	W	Vincent Marijorie [sen]	32/35	1991	icpmf wolue-st-	57:08	07:08	8.40
83	455	M	Trehan Luc [mas_55+]	51/53	1960		60:24	07:33	7.95
84	518	W	Ozdemir Emine [mas_40+]	33/35	1976	joggans	60:46	07:35	7.90
85	486	W	Barthélemy Alix [sen]	34/35	1989	je cours pour mr	61:47	07:43	7.77
86	404	M	Van Den Broek Rudy [mas_60+]	52/53	1956		61:56	07:44	7.75
87	506	W	Devriese Julie [nvt]	35/35			62:28	07:48	7.68
88	403	M	Avila Francisco [mas_55+]	53/53	1962		63:15	07:54	7.59