



## RECORDS NAC – TOUR SPAGHETTI

Mise à jour : 08/05/2026

**Jaune** = Record absolu

**Cyan** = dernière édition et/ou saison

CATEGORIE		NOM	DATE	CHRONO
DAMES 1	1	Solène MALICET	06/05/2023	00:07:01
	2	Gisèle D'HERDE / Marion BAUWENS	2011/2018	00:07:04
	3	Clémence COLSON	21/08/2019	00:08:11
DAMES 2	1	<b>Emily DEVICK</b>	<b>04/06/2010</b>	<b>00:06:28</b>
	2	Caroline VANDRIESSCHE	08/05/2021	00:06:46
	3	Sarah DARDENNE	22/08/2018	00:06:53
AINEES 1	1	Vicianne LERATE	06/06/2009	00:06:53
	2	Linda BOURQUIN	04/06/2010	00:06:55
	3	<b>Annick LARROUMETS</b>	<b>25/04/2026</b>	<b>00:07:02</b>
AINEES 2	1	Linda BOURQUIN	18/05/2016	00:07:10
	2	Myriam HOUA	29/08/2014	00:07:13
	3	Régine RENDERS	07/06/2008	00:07:33
AINEES 3	1	Myriam HOUA	22/08/2018	00:07:57
	2	Isabelle D'Haemer	06/05/2023	00:08:15
	3	Léa Walravens	21/08/2019	00:08:21
AINEES 4	1			
	2			
	3			
SENIORS 1	1	Sébastien GYBELS	22/08/2018	00:05:27
	2	Aurélien LAUWERS	29/08/2014	00:05:33
	3	Glen HEYE	06/06/2009	00:05:35
SENIORS 2	1	<b>Thomas BENOIT</b>	<b>20/06/2012</b>	<b>00:05:22</b>
	2	Mathieu BENOIT	21/08/2019	00:05:33
	3	Julien THONNART/Pierre HEMPTE	20/06/2012 /2025	00:05:34
VETERANS 1	1	<b>Michaël PEREZ-RIAZA</b>	<b>25/04/2026</b>	<b>00:05:35</b>
	2	Pierre-Henri VANDERBECQ	17/05/2017	00:05:44
	3	Sylvain MIEL	29/08/2014	00:05:56
VETERANS 2	1	Louis BERNARD	07/05/2022	00:06:06
	2	Giovanni TEGAS	06/06/2009	00:06:14
	3	Jean KEVERS	30/05/2025	00:06:20
VETERANS 3	1	José DIERICKX	20/06/2012	00:06:27
	2	Christian BERSON	22/05/2015	00:06:40
	3	Pierre AUPAIX	30/05/2025	00:07:01
VETERANS 4	1	José DIERICKX	06/05/2023	00:07:36
	2	Jean-Marie DE LEENER	30/05/2025	00:09:16
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